ZIKA VIRUS ALERT

Be Informed, Be Safe

Advisory issued in Public Interest by United Way Mumbai

Municipal Corporation of Greater Mumbai (MCGM) Health Helpline: 022-24114000

Zika Virus has been declared as a Public Health Emergency of International Concern (PHEIC) on 1st February 2016 by World Health Organisation. Following this, National Centre for Disease Control (NCDC), Delhi issued guidelines on Zika Virus disease on 2nd February 2016.

Zika has not been declared an emergency in India, but it is every individual’s right to be informed and be safe.

What is Zika Virus?
Zika virus disease is a mosquito-borne illness. The most common symptoms of Zika virus disease are fever, rash, joint pain, or conjunctivitis (red eyes). The illness is usually mild with symptoms lasting for several days to a week.

How does it spread?
The disease is spread by infected Aedes aegypti mosquito. This mosquito is responsible for Dengue and Chikungunya.

What does the disease do?
The disease is potentially associated with Microcephaly in the new-born and other neurological syndromes (Guillain Barre Syndrome). However more research is underway to establish this link.

Ways to protect yourself:
There is no vaccine or specific medicine for Zika. The best way to prevent diseases is to stop mosquito breeding and avoid being bitten.

For more details contact:
United Way Mumbai, 309, Nirman Kendra, Famous Studio Lane, Dr. E. Moses Road, Mahalaxmi, Mumbai 400011, India.
Tel +91 22 24937676 Fax +91 22 24937679 contact@unitedwaymumbai.org