





## **Activity Update- October 2019**



This year, we are focusing on preventing the incidences of malnutrition among children through promoting proper nutrition and care for pregnant women, enrolling them for institutional deliveries, providing critical information regarding breastfeeding, etc. Healthy mothers and healthy babies are important for our communities, our economy, and our future.







## **Global Handwashing Day-15th October**

October 15 is Global Handwashing Day, a global advocacy day dedicated to increasing awareness and understanding about the importance of handwashing with soap as an effective and affordable way to prevent diseases and save lives.

To commemorate the "Global Handwashing Day" project team conducted sessions on steps on handwashing, general health, hygiene and sanitation followed by demonstration on importance of handwashing for community members in Karjat and Panvel Anganwadi centers.

11 sessions on health and hygiene were conducted in Karjat and Panvel wherein 8 pregnant women, 11 lactating mothers, 9 adolescent girls, and 58 community members participated.

Community
Awareness
Sessions

Project team conducted community awareness sessions on Ante Natal Care (ANC) and Post Natal care (PNC). UWM has developed various pictorial flip-charts for easy understanding of these topics by the community. Our field team also conducted meetings with key stakeholder of village gram panchayat to discuss their role in fighting malnutrition in their village.

Total 53 sessions were conducted in which 91 pregnant women, 136 lactating mothers, 35 adolescent girls, and 472 community members attended.



## THANK YOU FOR SUPPORTING PROJECT POSHAN